

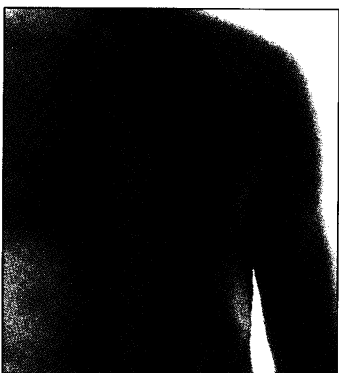
**Because coexisting conditions often complicate hypertension...**

# **DynaCirc<sup>®</sup>** puts their safety first. (isradipine)



## **Facilitates renal function.**

- No clinically significant change in serum creatinine<sup>1,2</sup> or creatinine clearance<sup>1,3</sup>
- No clinically significant effect on glomerular filtration rate<sup>3,6</sup>
- Maintains or decreases filtration fraction<sup>1,3,6</sup>



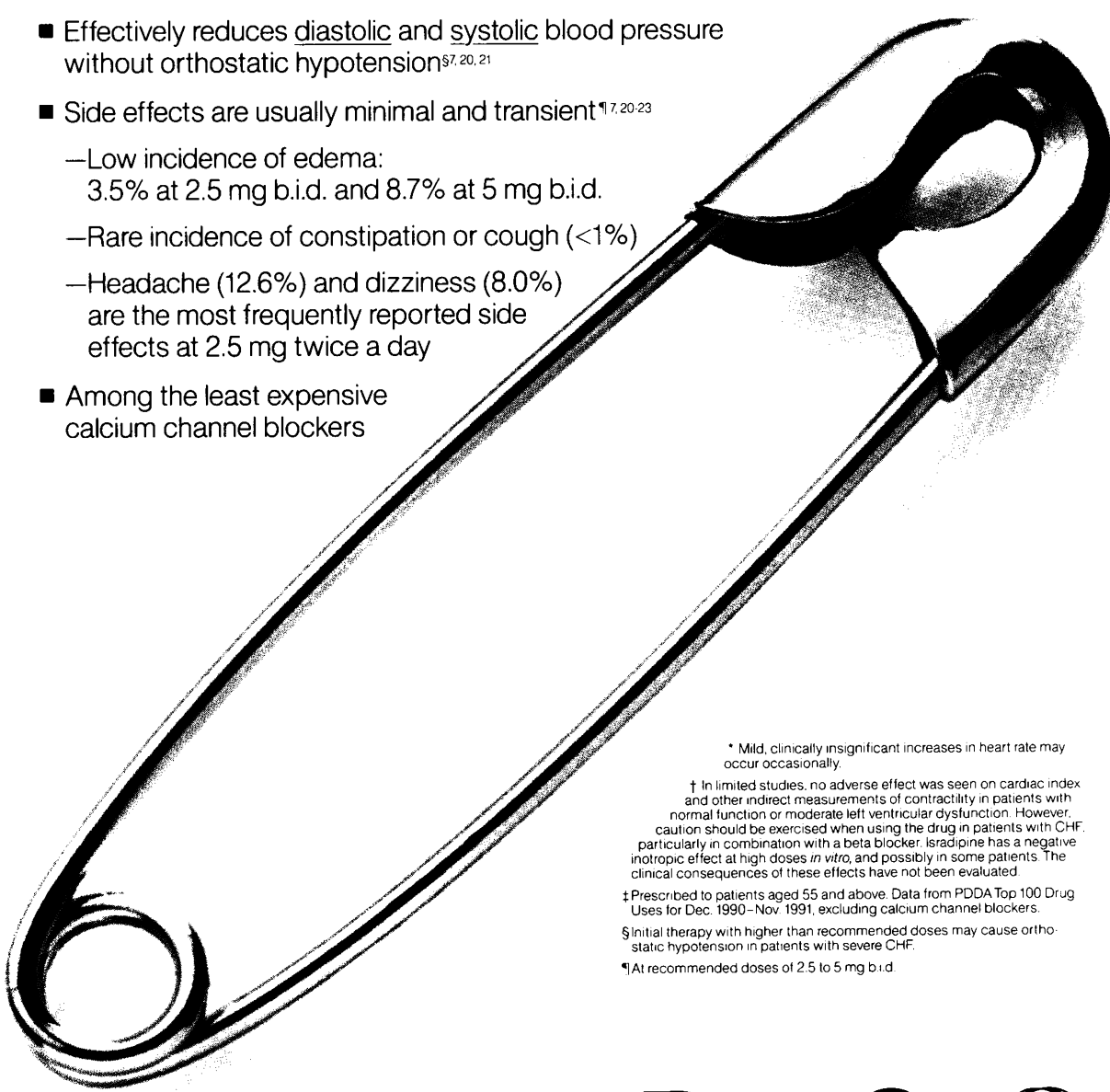
## **Maintains cardiac performance.**

- No significant effect on heart rate<sup>\*7-10</sup>
- No adverse effect on cardiac conduction<sup>11,12</sup> or contractility<sup>† 3,10,13-15</sup>
- No alteration of digoxin clearance<sup>16</sup>



## **Does not compromise metabolic parameters.**

- No clinically significant effect on serum glucose metabolism<sup>17</sup>
- No effect on glucose tolerance, insulin secretion or insulin action in NIDDM patients<sup>17</sup>
- No clinically significant effect on lipid metabolism<sup>18,19</sup>

- 
- No known contraindications except for hypersensitivity to DynaCirc
  - No significant interactions with the 20 most-commonly prescribed drugs†
  - Effectively reduces diastolic and systolic blood pressure without orthostatic hypotension§7, 20, 21
  - Side effects are usually minimal and transient¶7, 20-23
    - Low incidence of edema:  
3.5% at 2.5 mg b.i.d. and 8.7% at 5 mg b.i.d.
    - Rare incidence of constipation or cough (<1%)
    - Headache (12.6%) and dizziness (8.0%) are the most frequently reported side effects at 2.5 mg twice a day
  - Among the least expensive calcium channel blockers

\* Mild, clinically insignificant increases in heart rate may occur occasionally.

† In limited studies, no adverse effect was seen on cardiac index and other indirect measurements of contractility in patients with normal function or moderate left ventricular dysfunction. However, caution should be exercised when using the drug in patients with CHF, particularly in combination with a beta blocker. Isradipine has a negative inotropic effect at high doses *in vitro*, and possibly in some patients. The clinical consequences of these effects have not been evaluated.

‡ Prescribed to patients aged 55 and above. Data from PDDA Top 100 Drug Uses for Dec. 1990–Nov. 1991, excluding calcium channel blockers.

§ Initial therapy with higher than recommended doses may cause orthostatic hypotension in patients with severe CHF.

¶ At recommended doses of 2.5 to 5 mg b.i.d.

**DynaCirc**   
(isradipine)  
2.5 mg capsules      5 mg capsules  
**For Safety's Sake™**

## BRIEF SUMMARY

Please see package insert for full prescribing information.

## DYNACIRC® (isradipine) CAPSULES

### INDICATION

DynaCirc® (isradipine) is indicated in the management of hypertension. It may be used alone or concurrently with thiazide-type diuretics.

### CONTRAINDICATIONS

DynaCirc® is contraindicated in individuals who have shown hypersensitivity to any of the ingredients in the formulation.

### WARNINGS

None.

### PRECAUTIONS

**General: Blood Pressure:** Because DynaCirc® decreases peripheral resistance, like other calcium blockers DynaCirc® may occasionally produce symptomatic hypotension. However, symptoms like syncope and severe dizziness have rarely been reported in hypertensive patients administered DynaCirc®, particularly at the initial recommended doses. **Use in Patients with Congestive Heart Failure:** Although acute hemodynamic studies in patients with congestive heart failure have shown that DynaCirc® reduced afterload without impairing myocardial contractility, it has a negative inotropic effect at high doses *in vitro*, and possibly in some patients. Caution should be exercised when using the drug in congestive heart failure patients, particularly in combination with a beta-blocker. **Drug Interactions: Nitroglycerin:** DynaCirc® has been safely coadministered with nitroglycerin. **Hydrochlorothiazide:** A study in normal healthy volunteers has shown that concomitant administration of DynaCirc® and hydrochlorothiazide does not result in altered pharmacokinetics of either drug. In a study in hypertensive patients, addition of isradipine to existing hydrochlorothiazide therapy did not result in any unexpected adverse effects, and isradipine had an additional antihypertensive effect.

**Propranolol:** In a single dose study in normal volunteers coadministration of propranolol had a small effect on the rate but no effect on the extent of isradipine bioavailability. Coadministration of DynaCirc® resulted in significant increases in AUC (27%) and  $C_{max}$  (58%) and decreases in  $t_{max}$  (23%) of propranolol. **Digoxin:** The concomitant administration of DynaCirc® and digoxin in a single-dose pharmacokinetic study did not affect renal, non-renal and total body clearance of digoxin. **Fentanyl Anesthesia:** Severe hypotension has been reported during fentanyl anesthesia with concomitant use of a beta blocker and a calcium channel blocker. Even though such interactions have not been seen in clinical studies with DynaCirc®, an increased volume of circulating fluids might be required if such an interaction were to occur. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** Treatment of male rats for 2 years with 2.5, 12.5, or 62.5 mg/kg/day isradipine admixed with the diet resulted in dose dependent increases in the incidence of benign Leydig cell tumors and testicular hyperplasia relative to untreated control animals. A comparable endocrine effect was not evident in male patients receiving therapeutic doses of the drug on a chronic basis. Treatment of mice for two years with 2.5, 15, or 80 mg/kg/day isradipine in the diet showed no evidence of oncogenicity. There was no evidence of mutagenic potential based on the results of a battery of mutagenicity tests. No effect on fertility was observed in male and female rats. **Pregnancy: Pregnancy Category C:** There are no adequate and well controlled studies in pregnant women. DynaCirc® should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Nursing Mothers:** It is not known whether DynaCirc® is excreted in human milk. A decision should be made as to whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. **Pediatric Use:** Safety and effectiveness have not been established in children.

### ADVERSE REACTIONS

The adverse reaction rates given below are principally based on controlled hypertension studies, but rarer serious events are derived from all exposures to DynaCirc®, including foreign marketing experience. Most adverse reactions were mild and related to the vasodilatory effects of DynaCirc® (dizziness, edema, palpitations, flushing, tachycardia), and many were transient. About 5% of isradipine patients left studies prematurely because of adverse reactions (vs. 3% of placebo patients and 6% of active control patients), principally due to headache, edema, dizziness, palpitations, and gastrointestinal disturbances. The following adverse reactions have been reported by 1% or greater of patients receiving DynaCirc® at any dose (N=934): headache (13.7%), dizziness (7.3%), edema (7.2%), palpitations (4.0%), fatigue (3.9%), flushing (2.6%), chest pain (2.4%), nausea (1.8%), dyspnea (1.8%), abdominal discomfort (1.7%), tachycardia (1.5%), rash (1.5%), pollakiuria (1.5%), weakness (1.2%), vomiting (1.1%), diarrhea (1.1%). The following adverse events were reported in 0.5-1% of the isradipine-treated patients in hypertension studies, or are rare, but more serious events from this and other data sources, including postmarketing exposure, are shown in italics. The relationship of these adverse events to isradipine administration is uncertain. **Skin:** pruritus, *urticaria*. **Musculoskeletal:** cramps of legs/feet. **Respiratory:** cough. **Cardiovascular:** shortness of breath, hypotension, *atrial fibrillation, ventricular fibrillation, myocardial infarction, heart failure*. **Gastrointestinal:** abdominal discomfort, constipation, diarrhea. **Urogenital:** nocturia. **Nervous System:** drowsiness, insomnia, lethargy, nervousness, impotence, decreased libido, depression, syncope, *paresthesia* (which includes numbness and tingling), *transient ischemic attack, stroke*. **Autonomic:** hyperhidrosis, visual disturbance, dry mouth, numbness. **Miscellaneous:** throat discomfort, *leukopenia, elevated liver function tests*.

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[DECEMBER 31, 1990 DYN-Z2]

**DynaCirc®**  
2.5 mg capsules (isradipine) 5 mg capsules  
**For Safety's Sake™**

**SANDOZ**  
SANDOZ PHARMACEUTICALS CORPORATION  
EAST HANOVER, NEW JERSEY 07936

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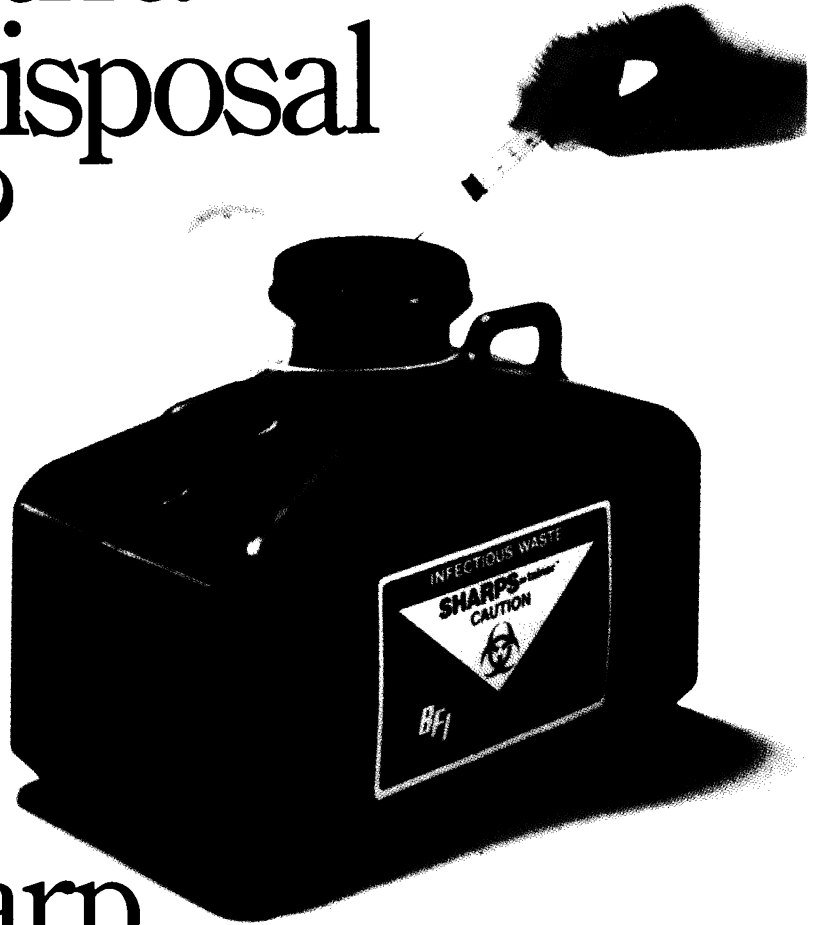
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IN LIPID MANAGEMENT

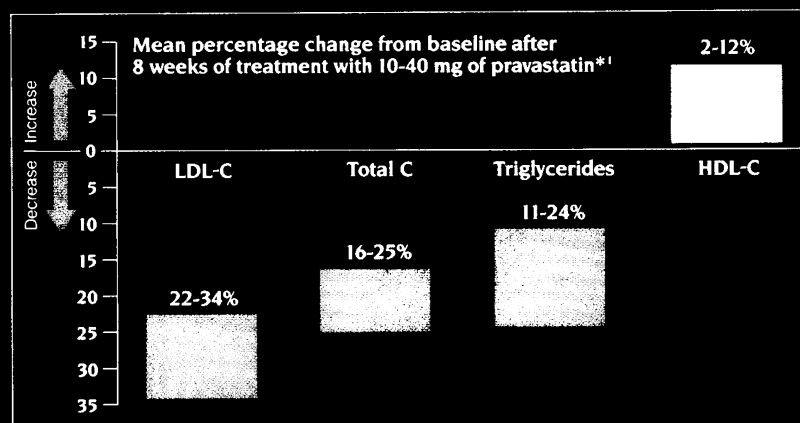


  
PRAVACHOL<sup>TM</sup>  
pravastatin sodium 20 mg tablets

# Effective

## cholesterol control

- Consistently and significantly reduces total C and atherogenic LDL-C; positively affects other key lipids



\*Each bar represents a range of means derived from a single placebo-controlled study that included 55 patients treated with pravastatin.

PRAVACHOL® (pravastatin sodium) is indicated as an adjunct to diet for the reduction of elevated total and LDL-cholesterol levels in patients with primary hypercholesterolemia (Types IIa and IIb) when the response to diet alone has not been adequate.

# Safety

## profile promotes confidence

- Prescribed for more than 1,200,000 patients worldwide<sup>2</sup>
- Studied in over 14,000 patients in clinical research<sup>2</sup>



\* Well tolerated...

a side-effect profile generally comparable to placebo

Adverse clinical events attributed to study drug:	PRAVACHOL® (n = 900)	Placebo (n = 411)
Headache	1.7%*	0.2%
Nausea/vomiting	2.9	3.4
Diarrhea	2.0	1.9
Abdominal pain	2.0	3.9
Constipation	2.4	5.1
Flatulence	2.7	3.4
Heartburn	2.0	0.7
Cardiac chest pain	0.1	0.0
Rash	1.3	0.9
Fatigue	1.9	1.0
Chest pain	0.3	0.2
Dizziness	1.0	0.5
Urinary abnormality	0.7	1.2
Rhinitis	0.1	0.0
Cough	0.1	0.0
Localized pain	1.4	1.5
Myalgia	0.6	0.0

\*Statistically different from placebo.

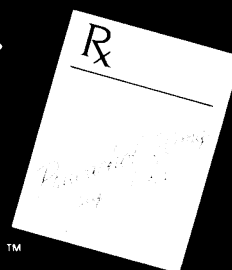
- Discontinuation rate from pravastatin (1.7%) was not statistically different from that of placebo (1.2%)

\* Nighttime dosing  
with or without food

Usual dose: 20 mg tablet once daily at bedtime.

Please see CONTRAINDICATIONS, WARNINGS, PRECAUTIONS, and ADVERSE REACTIONS in the brief summary of prescribing information on the last page of this advertisement.

**PRAVACHOL**  
pravastatin sodium 20 mg tablets



## PRAVACHOL® (Pravastatin Sodium Tablets)

### CONTRAINDICATIONS

Hypersensitivity to any component of this medication.

Active liver disease or unexplained, persistent elevations in liver function tests (see WARNINGS).

**Pregnancy and lactation.** Atherosclerosis is a chronic process and discontinuation of lipid-lowering drugs during pregnancy should have little impact on the outcome of long-term therapy of primary hypercholesterolemia. Cholesterol and other products of cholesterol biosynthesis are essential components for fetal development (including synthesis of steroids and cell membranes). Since HMG-CoA reductase inhibitors decrease cholesterol synthesis and possibly the synthesis of other biologically active substances derived from cholesterol, they may cause fetal harm when administered to pregnant women. Therefore, HMG-CoA reductase inhibitors are contraindicated during pregnancy and in nursing mothers. Pravastatin should be administered to women of childbearing age only when such patients are highly unlikely to conceive and have been informed of the potential hazards. If the patient becomes pregnant while taking this class of drug, therapy should be discontinued and the patient apprised of the potential hazard to the fetus.

### WARNINGS

**Liver Enzymes:** HMG-CoA reductase inhibitors, like some other lipid-lowering therapies, have been associated with biochemical abnormalities of liver function. Increases of serum transaminase (ALT, AST) values to more than 3 times the upper limit of normal occurring on 2 or more (not necessarily sequential) occasions have been reported in 1.3% of patients treated with pravastatin in the U.S. over an average period of 18 months. These abnormalities were not associated with cholestasis and did not appear to be related to treatment duration. In those patients in whom these abnormalities were believed to be related to pravastatin and who were discontinued from therapy, the transaminase levels usually fell slowly to pretreatment levels. These biochemical findings are usually asymptomatic although worldwide experience indicates that anorexia, weakness, and/or abdominal pain may also be present in rare patients.

As with other lipid-lowering agents, liver function tests should be performed during therapy with pravastatin. Serum aminotransferases, including ALT (SGPT), should be monitored before treatment begins, every six weeks for the first three months, every eight weeks during the remainder of the first year, and periodically thereafter (e.g., at about six-month intervals). Special attention should be given to patients who develop increased transaminase levels. Liver function tests should be repeated to confirm an elevation and subsequently monitored at more frequent intervals. If increases in AST and ALT equal or exceed three times the upper limit of normal and persist, then therapy should be discontinued. Persistence of significant aminotransferase elevations following discontinuation of therapy may warrant consideration of liver biopsy.

Active liver disease or unexplained transaminase elevations are contraindications to the use of pravastatin (see CONTRAINDICATIONS). Caution should be exercised when pravastatin is administered to patients with a history of liver disease or heavy alcohol ingestion (see CLINICAL PHARMACOLOGY: Pharmacokinetics/Metabolism). Such patients should be closely monitored, started at the lower end of the recommended dosing range, and titrated to the desired therapeutic effect.

**Skeletal Muscle:** Rhabdomyolysis with renal dysfunction secondary to myoglobinuria has been reported with pravastatin and other drugs in this class. Uncomplicated myalgia has also been reported in pravastatin-treated patients (see ADVERSE REACTIONS). Myopathy, defined as muscle aching or muscle weakness in conjunction with increases in creatine phosphokinase (CPK) values to greater than 10 times the upper limit of normal was reported to be possibly due to pravastatin in only one patient in clinical trials (<0.1%). Myopathy should be considered in any patient with diffuse myalgias, muscle tenderness or weakness, and/or marked elevation of CPK. Patients should be advised to report promptly unexplained muscle pain, tenderness or weakness, particularly if accompanied by malaise or fever. Pravastatin therapy should be discontinued if markedly elevated CPK levels occur or myopathy is diagnosed or suspected. Pravastatin therapy should also be temporarily withheld in any patient experiencing an acute or serious condition predisposing to the development of renal failure secondary to rhabdomyolysis, e.g., sepsis; hypotension; major surgery; trauma; severe metabolic, endocrine, or electrolyte disorders; or uncontrolled epilepsy.

The risk of myopathy during treatment with lovastatin is increased if therapy with either cyclosporine, gemfibrozil, erythromycin, or niacin is administered concurrently. There is no experience with the use of pravastatin together with cyclosporine. Myopathy has not been observed in clinical trials involving small numbers of patients who were treated with pravastatin together with niacin. One trial of limited size involving combined therapy with pravastatin and gemfibrozil showed a trend toward more frequent CPK elevations and patient withdrawals due to musculoskeletal symptoms in the group receiving combined treatment as compared with the groups receiving placebo, gemfibrozil, or pravastatin monotherapy. Myopathy was not reported in this trial (see PRECAUTIONS: Drug Interactions). One patient developed myopathy when clofibrate was added to a previously well tolerated regimen of pravastatin; the myopathy resolved when clofibrate therapy was stopped and pravastatin treatment continued. The use of fibrates alone may occasionally be associated with myopathy. The combined use of pravastatin and fibrates should generally be avoided.

### PRECAUTIONS

**General:** Pravastatin may elevate creatine phosphokinase and transaminase levels (see ADVERSE REACTIONS). This should be considered in differential diagnosis of chest pain in a patient on therapy with pravastatin. **Homozygous Familial Hypercholesterolemia:** Pravastatin has not been evaluated in patients with rare homozygous familial hypercholesterolemia. In this group of patients, it has been reported that HMG-CoA reductase inhibitors are less effective because the patients lack functional LDL receptors.

**Renal Insufficiency:** A single 20 mg oral dose of pravastatin was administered to 24 patients with varying degrees of renal impairment (as determined by creatinine clearance). No effect was observed on the pharmacokinetics of pravastatin or its 3-hydroxy isomeric metabolite (SQ 31,906). A small increase was seen in mean AUC values and half-life ( $t_{1/2}$ ) for the inactive enzymatic ring hydroxylation metabolite (SQ 31,945). Given this small sample size, the dosage administered, and the degree of individual variability, patients with renal impairment who are receiving pravastatin should be closely monitored.

**Information for Patients:** Patients should be advised to report promptly unexplained muscle pain, tenderness or weakness, particularly if accompanied by malaise or fever.

**Drug Interactions:** Immunosuppressive Drugs, Gemfibrozil, Niacin (Nicotinic Acid), Erythromycin. See WARNINGS: Skeletal Muscle.

**Antipyrine:** Clearance by the cytochrome P450 system was unaltered by concomitant administration of pravastatin. Since pravastatin does not appear to induce hepatic drug-metabolizing enzymes, it is not expected that any significant interaction of pravastatin with other drugs (e.g., phenytoin, quinidine) metabolized by the cytochrome P450 system will occur.

**Cholestyramine/Colestipol:** Concomitant administration resulted in an approximately 40 to 50% decrease in the mean AUC of pravastatin. However, when pravastatin was administered 1 hour before or 4 hours after cholestyramine or 1 hour before colestipol and a standard meal, there was no clinically significant decrease in bioavailability or therapeutic effect. (See DOSAGE AND ADMINISTRATION: Concomitant Therapy.)

**Warfarin:** In a study involving 10 healthy male subjects given pravastatin and warfarin concomitantly for 6 days, bioavailability parameters of pravastatin (parent compound) were not altered. Pravastatin did not alter the plasma protein-binding of warfarin. Concomitant dosing did increase the AUC and C<sub>max</sub> of warfarin but did not produce any changes in its anticoagulant action (i.e., no increase was seen in mean prothrombin time after 6 days of concomitant therapy). However, bleeding and extreme prolongation of prothrombin time has been reported with another drug in this class. Patients receiving warfarin-type anticoagulants should have their prothrombin times closely monitored when pravastatin is initiated or the dosage of pravastatin is changed.

**Cimetidine:** The AUC<sub>0-12h</sub> for pravastatin when given with cimetidine was not significantly different from the AUC for pravastatin when given alone. A significant difference was observed between the AUC's for pravastatin when given with cimetidine compared to when administered with antacid.

**Digoxin:** In a crossover trial involving 18 healthy male subjects given pravastatin and digoxin concurrently for 9 days, the bioavailability parameters of digoxin were not affected. The AUC of pravastatin tended to increase, but the overall bioavailability of pravastatin plus its metabolites SQ 31,906 and SQ 31,945 was not altered.

**Gemfibrozil:** In a crossover study in 20 healthy male volunteers given concomitant single doses of pravastatin and gemfibrozil, there was a significant decrease in urinary excretion and protein binding of pravastatin. In addition, there was a significant increase in AUC, C<sub>max</sub>, and  $t_{max}$  for the pravastatin metabolite SQ 31,906. Combination therapy with pravastatin and gemfibrozil is generally not recommended.

In interaction studies with aspirin, antacids (1 hour prior to PRAVACHOL), cimetidine, nicotinic acid, or probucol, no statistically significant differences in bioavailability were seen when PRAVACHOL (pravastatin sodium) was administered.

**Other Drugs:** During clinical trials, no noticeable drug interactions were reported when PRAVACHOL was added to: diuretics; antihypertensives; digitalis; converting-enzyme inhibitors; calcium channel blockers; beta-blockers; or nitroglycerin.

**Endocrine Function:** HMG-CoA reductase inhibitors interfere with cholesterol synthesis and lower circulating cholesterol levels and, as such, might theoretically blunt adrenal or gonadal steroid hormone production. Results of clinical trials with pravastatin in males and post-menopausal females were inconsistent with regard to possible effects of the drug on basal steroid hormone levels. In a study of 21 males, the mean testosterone response to human chorionic gonadotropin was significantly reduced ( $p < 0.004$ ) after 16 weeks of treatment with 40 mg of pravastatin. However, the percentage of patients showing a  $\geq 50\%$  rise in plasma testosterone after human chorionic gonadotropin stimulation did not change significantly after therapy in these patients. The effects of HMG-CoA reductase inhibitors on spermatogenesis and fertility have not been studied in adequate numbers of patients. The effects, if any, of pravastatin on the pituitary-gonadal axis in pre-menopausal females are unknown. Patients treated with pravastatin who display clinical evidence of endocrine dysfunction should be evaluated appropriately. Caution should also be exercised if an HMG-CoA reductase inhibitor or other agent used to lower cholesterol levels is administered to patients also receiving other drugs (e.g., ketoconazole, spiroglactone, cimetidine) that may diminish the levels or activity of steroid hormones.

**CNS Toxicity:** CNS vascular lesions, characterized by perivascular hemorrhage and edema and mononuclear cell infiltration of perivascular spaces, were seen in dogs treated with pravastatin at a dose of 25 mg/kg/day, a dose that produced a plasma drug level about 50 times higher than the mean drug level in humans taking 40 mg/day. Similar CNS vascular lesions have been observed with several other drugs in this class.

A chemically similar drug in this class produced optic nerve degeneration (Wallerian degeneration of retinogeniculate fibers) in clinically normal dogs in a dose-dependent fashion starting at 60 mg/kg/day, a dose

that produced mean plasma drug levels about 30 times higher than the mean drug level in humans taking the highest recommended dose (as measured by total enzyme inhibitory activity). This same drug also produced vestibulocochlear (Wallerian-like) degeneration and retinal ganglion cell chromatolysis in dogs treated for 14 weeks at 180 mg/kg/day, a dose which resulted in a mean plasma drug level similar to that seen with the 60 mg/kg dose.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** In a 2-year study in rats fed pravastatin at doses of 10, 30, or 100 mg/kg body weight, there was an increased incidence of hepatocellular carcinomas in males at the highest dose ( $p < 0.01$ ). Although rats were given up to 125 times the human dose (HD) on a mg/kg body weight basis, their serum drug levels were only 6 to 10 times higher than those measured in humans given 40 mg pravastatin as measured by AUC.

The oral administration of 10, 30, or 100 mg/kg (producing plasma drug levels approximately 0.5 to 5.0 times human drug levels at 40 mg) of pravastatin to mice for 22 months resulted in a statistically significant increase in the incidence of malignant lymphomas in treated females when all treatment groups were pooled and compared to controls ( $p < 0.05$ ). The incidence was not dose-related and male mice were not affected.

A chemically similar drug in this class was administered to mice for 72 weeks at 25, 100, and 400 mg/kg body weight, which resulted in mean serum drug levels approximately 3, 15, and 33 times higher than the mean human serum drug concentration (as total inhibitory activity) after a 40 mg oral dose. Liver carcinomas were significantly increased in high-dose females and mid- and high-dose males, with a maximum incidence of 90 percent in males. The incidence of adenomas of the liver was significantly increased in mid- and high-dose females. Drug treatment also significantly increased the incidence of lung adenomas in mid- and high-dose males and females. Adenomas of the eye Harderian gland (a gland of the eye of rodents) were significantly higher in high-dose mice than in controls.

No evidence of mutagenicity was observed *in vitro*, with or without rat-liver metabolic activation, in the following studies: microbial mutagen test, using mutant strains of *Salmonella typhimurium* or *Escherichia coli*; a forward mutation assay in L5178Y TK +/− mouse lymphoma cells; a chromosomal aberration test in hamster cells; and a gene conversion assay using *Saccharomyces cerevisiae*. In addition, there was no evidence of mutagenicity in either a dominant lethal test in mice or a micronucleus test in mice.

In a study in rats, with daily doses up to 500 mg/kg, pravastatin did not produce any adverse effects on fertility or general reproductive performance. However, in a study with another HMG-CoA reductase inhibitor, there was decreased fertility in male rats treated for 34 weeks at 25 mg/kg body weight, although this effect was not observed in a subsequent fertility study when this same dose was administered for 11 weeks (the entire cycle of spermatogenesis, including epididymal maturation). In rats treated with this same reductase inhibitor at 180 mg/kg/day, seminiferous tubule degeneration (necrosis and loss of spermatogenic epithelium) was observed. Although not seen with pravastatin, two similar drugs in this class caused drug-related testicular atrophy, decreased spermatogenesis, spermatocytic degeneration, and giant cell formation in dogs. The clinical significance of these findings is unclear.

**Pregnancy: Pregnancy Category X:** See CONTRAINDICATIONS.

Safety in pregnant women has not been established. Pravastatin was not teratogenic in rats at doses up to 1000 mg/kg daily or in rabbits at doses of up to 50 mg/kg daily. These doses resulted in 20x (rabbit) or 240x (rat) the human exposure based on surface area (mg/meter<sup>2</sup>). However, in studies with another HMG-CoA reductase inhibitor, skeletal malformations were observed in rats and mice. PRAVACHOL (pravastatin sodium) should be administered to women of child-bearing potential only when such patients are highly unlikely to conceive and have been informed of the potential hazards. If the woman becomes pregnant while taking PRAVACHOL (pravastatin sodium), it should be discontinued and the patient advised again as to the potential hazards to the fetus.

**Nursing Mothers:** A small amount of pravastatin is excreted in human breast milk. Because of the potential for serious adverse reactions in nursing infants, women taking PRAVACHOL should not nurse (see CONTRAINDICATIONS).

**Pediatric Use:** Safety and effectiveness in individuals less than 18 years old have not been established. Hence, treatment in patients less than 18 years old is not recommended at this time. (See also PRECAUTIONS: General.)

### ADVERSE REACTIONS

Pravastatin is generally well tolerated; adverse reactions have usually been mild and transient. In 4-month long placebo-controlled trials, 1.7% of pravastatin-treated patients and 1.2% of placebo-treated patients were discontinued from treatment because of adverse experiences attributed to study drug therapy; this difference was not statistically significant. In long-term studies, the most common reasons for discontinuation were asymptomatic serum transaminase increases and mild, non-specific gastrointestinal complaints. During clinical trials the overall incidence of adverse events in the elderly was not different from the incidence observed in younger patients.

**Adverse Clinical Events:** All adverse clinical events (regardless of attribution) reported in more than 2% of pravastatin-treated patients in the placebo-controlled trials are identified in the table below; also shown are the percentages of patients in whom these medical events were believed to be related or possibly related to the drug:

Body System/Event	All Events %		Events Attributed to Study Drug %	
	Pravastatin (N=900)	Placebo (N=411)	Pravastatin (N=900)	Placebo (N=411)
Cardiovascular				
Cardiac Chest Pain	4.0	3.4	0.1	0.0
Dermatologic				
Rash	4.0*	1.1	1.3	0.9
Gastrointestinal				
Nausea/Vomiting	7.3	7.1	2.9	3.4
Diarrhea	6.2	5.6	2.0	1.9
Abdominal Pain	5.4	6.9	2.0	3.9
Constipation	4.0	7.1	2.4	5.1
Flatulence	3.3	3.6	2.7	3.4
Heartburn	2.9	1.9	2.0	0.7
General				
Fatigue	3.8	3.4	1.9	1.0
Chest Pain	3.7	1.9	0.3	0.2
Influenza	2.4*	0.7	0.0	0.0
Musculoskeletal				
Localized Pain	10.0	9.0	1.4	1.5
Myalgia	2.7	1.0	0.6	0.0
Nervous System				
Headache	6.2	3.9	1.7*	0.2
Dizziness	3.3	3.2	1.0	0.5
Renal/Genitourinary				
Urinary Abnormality	2.4	2.9	0.7	1.2
Respiratory				
Common Cold	7.0	6.3	0.0	0.0
Rhinitis	4.0	4.1	0.1	0.0
Cough	2.6	1.7	0.1	0.0

\*Statistically significantly different from placebo.

The following effects have been reported with drugs in this class:

**Skeletal:** myopathy, rhabdomyolysis.

**Neurological:** dysfunction of certain cranial nerves (including alteration of taste, impairment of extra-ocular movement, facial paresis), tremor, vertigo, memory loss, paresthesia, peripheral neuropathy, peripheral nerve palsy.

**Hypersensitivity Reactions:** An apparent hypersensitivity syndrome has been reported rarely which has included one or more of the following features: anaphylaxis, angioedema, lupus erythematosus-like syndrome, polymyalgia rheumatica, vasculitis, purpura, thrombocytopenia, leukopenia, hemolytic anemia, positive ANA, ESR increase, arthritis, arthralgia, urticaria, asthenia, photosensitivity, fever, chills, flushing, malaise, dyspnea, toxic epidermal necrolysis, erythema multiforme, including Stevens-Johnson syndrome.

**Gastrointestinal:** pancreatitis, hepatitis, including chronic active hepatitis, cholestatic jaundice, fatty change in liver, and, rarely, cirrhosis, fulminant hepatic necrosis, and hepatoma; anorexia, vomiting.

**Reproductive:** gynecomastia, loss of libido, erectile dysfunction.

**Eye:** progression of cataracts (lens opacities), ophthalmoplegia.

**Laboratory Test Abnormalities:** Increases in serum transaminase (ALT, AST) values and CPK have been observed (see WARNINGS).

Transient, asymptomatic eosinophilia has been reported. Eosinophil counts usually returned to normal despite continued therapy. Anemia, thrombocytopenia, and leukopenia have been reported with other HMG-CoA reductase inhibitors.

**Concomitant Therapy:** Pravastatin has been administered concurrently with cholestyramine, colestipol, nicotinic acid, probucol and gemfibrozil. Preliminary data suggest that the addition of either probucol or gemfibrozil to therapy with lovastatin or pravastatin is not associated with greater reduction in LDL-cholesterol than that achieved with lovastatin or pravastatin alone. No adverse reactions unique to the combination or in addition to those previously reported for each drug alone have been reported. Myopathy and rhabdomyolysis (with or without acute renal failure) have been reported when another HMG-CoA reductase inhibitor was used in combination with immunosuppressive drugs, gemfibrozil, erythromycin, or lipid-lowering doses of nicotinic acid. Concomitant therapy with HMG-CoA reductase inhibitors and these agents is generally not recommended. (See WARNINGS: Skeletal Muscle and PRECAUTIONS: Drug Interactions.)

### OVERDOSAGE

There have been no reports of overdoses with pravastatin.

Should an accidental overdose occur, treat symptomatically and institute supportive measures as required. (J4-422A)



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†Constipation, which is easily managed in most patients, is the most commonly reported side effect of Calan SR.

‡Verapamil should be administered cautiously to patients with impaired renal function.

### BRIEF SUMMARY

**Contraindications:** Severe LV dysfunction (see *Warnings*), hypotension (systolic pressure < 90 mm Hg) or cardiogenic shock, sick sinus syndrome (if no pacemaker is present), 2nd- or 3rd-degree AV block (if no pacemaker is present), atrial flutter/fibrillation with an accessory bypass tract (eg, WPW or LGL syndromes), hypersensitivity to verapamil.

**Warnings:** Verapamil should be avoided in patients with severe LV dysfunction (eg, ejection fraction < 30%) or moderate to severe symptoms of cardiac failure and in patients with any degree of ventricular dysfunction if they are receiving a beta-blocker. Control milder heart failure with optimum digitalization and/or diuretics before Calan SR is used. Verapamil may occasionally produce hypotension. Elevations of liver enzymes have been reported. Several cases have been demonstrated to be produced by verapamil. Periodic monitoring of liver function in patients on verapamil is prudent. Some patients with paroxysmal and/or chronic atrial flutter/fibrillation and an accessory AV pathway (eg, WPW or LGL syndromes) have developed an increased antegrade conduction across the accessory pathway bypassing the AV node, producing a very rapid ventricular response or ventricular fibrillation after receiving I.V. verapamil (or digitalis). Because of this risk, oral verapamil is contraindicated in such patients. AV block may occur (2nd- and 3rd-degree, 0.8%). Development of marked 1st-degree block or progression to 2nd- or 3rd-degree block requires reduction in dosage or, rarely, discontinuation and institution of appropriate therapy. Sinus bradycardia, 2nd-degree AV block, sinus arrest, pulmonary edema and/or severe hypotension were seen in some critically ill patients with hypertrophic cardiomyopathy who were treated with verapamil.

**Precautions:** Verapamil should be given cautiously to patients with impaired hepatic function (in severe dysfunction use about 30% of the normal dose) or impaired renal function, and patients should be monitored for abnormal prolongation of the PR interval or other signs of overdosage. Verapamil may decrease neuromuscular transmission in patients with Duchenne's muscular dystrophy and may prolong recovery from the neuromuscular blocking agent vecuronium. It may be necessary to decrease verapamil dosage in patients with attenuated neuromuscular transmission. Combined therapy with beta-adrenergic blockers and verapamil may result in additive negative effects on heart rate, atrioventricular conduction and/or cardiac contractility; there have been reports of excessive bradycardia and AV block, including complete heart block. The risks of such combined therapy may outweigh the benefits. The combination should be used only with caution and close monitoring. Decreased metoprolol and propranolol clearance may occur when either drug is administered concomitantly with verapamil. A variable effect has been seen with combined use of atenolol. Chronic verapamil treatment can increase serum digoxin levels by 50% to 75% during the first week of therapy, which can result in digitalis toxicity. In patients with hepatic cirrhosis, verapamil may reduce total body clearance and extrarenal clearance of digitoxin. The digoxin dose should be reduced when verapamil is given, and the patient carefully monitored. Verapamil will usually have an additive effect in patients receiving blood-pressure-lowering agents.

**References:** 1. Data on file, Searle. 2. Edmonds D, Würth JP, Baumgart P, et al. Twenty-four-hour monitoring of blood pressure during calcium antagonist therapy. In: Fleckenstein A, Laragh SH, eds. *Hypertension—the Next Decade: Verapamil in Focus*. New York, NY: Churchill Livingstone; 1987:94-100. 3. Midtbo KA. Effects of long-term verapamil therapy on serum lipids and other metabolic parameters. *Am J Cardiol*. 1990;66:131-151. 4. Fagher B, Henningsen N, Hultén L, et al. Antihypertensive and renal effects of enalapril and slow-release verapamil in essential hypertension. *Eur J Clin Pharmacol*. 1990;39(suppl 1):S41-S43. 5. Schmieder RE, Messerli FH, Garavaglia GE, et al. Cardiovascular effects of verapamil in patients with essential hypertension. *Circulation*. 1987;75:1030-1036. 6. Midtbo K, Lauve O, Hals O. No metabolic side effects of long-term treatment with verapamil in hypertension. *Angiology*. 1988;39:1025-1029.

Disopyramide should not be given within 48 hours before or 24 hours after verapamil administration. Concomitant use of flecainide and verapamil may have additive effects on myocardial contractility, AV conduction, and repolarization. Combined verapamil and quinidine therapy in patients with hypertrophic cardiomyopathy should be avoided, since significant hypotension may result. Concomitant use of lithium and verapamil may result in an increased sensitivity to lithium (neurotoxicity), with either no change or an increase in serum lithium levels; however, it may also result in a lowering of serum lithium levels. Patients receiving both drugs must be monitored carefully. Verapamil may increase carbamazepine concentrations during combined use. Rifampin may reduce verapamil bioavailability. Phenobarbital may increase verapamil clearance. Verapamil may increase serum levels of cyclosporin. Verapamil may inhibit the clearance and increase the plasma levels of theophylline. Concomitant use of inhalation anesthetics and calcium antagonists needs careful titration to avoid excessive cardiovascular depression. Verapamil may potentiate the activity of neuromuscular blocking agents (curare-like and depolarizing); dosage reduction may be required. There was no evidence of a carcinogenic potential of verapamil administered to rats for 2 years. A study in rats did not suggest a tumorigenic potential, and verapamil was not mutagenic in the Ames test. Pregnancy Category C. There are no adequate and well-controlled studies in pregnant women. This drug should be used during pregnancy, labor, and delivery only if clearly needed. Verapamil is excreted in breast milk; therefore, nursing should be discontinued during verapamil use.

**Adverse Reactions:** Constipation (7.3%), dizziness (3.3%), nausea (2.7%), hypotension (2.5%), headache (2.2%), edema (1.9%), CHF, pulmonary edema (1.8%), fatigue (1.7%), dyspnea (1.4%), bradycardia: HR < 50/min (1.4%), AV block: total 1° 2° 3° (1.2%), 2° and 3° (0.8%), rash (1.2%), flushing (0.6%), elevated liver enzymes, reversible non-obstructive paralytic ileus. The following reactions, reported in 1.0% or less of patients, occurred under conditions where a causal relationship is uncertain: angina pectoris, atrioventricular dissociation, chest pain; claudication, myocardial infarction, palpitations, purpura (vasculitis), syncope, diarrhea, dry mouth, gastrointestinal distress, gingival hyperplasia, ecchymosis or bruising, cerebrovascular accident, confusion, equilibrium disorders, insomnia, muscle cramps, paresthesia, psychotic symptoms, shakiness, somnolence, arthralgia and rash, exanthema, hair loss, hyperkeratosis, macules, sweating, urticaria, Stevens-Johnson syndrome, erythema multiforme, blurred vision, gynecomastia, galactorrhea/hyperprolactinemia, increased urination, spotty menstruation, impotence.

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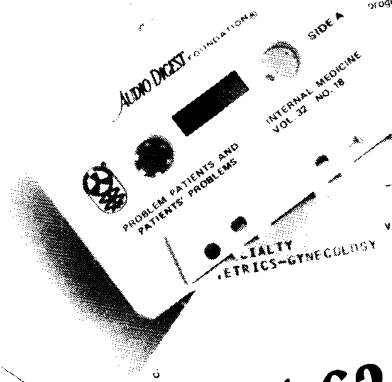
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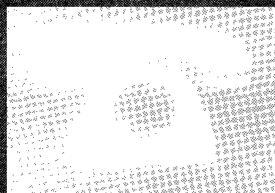
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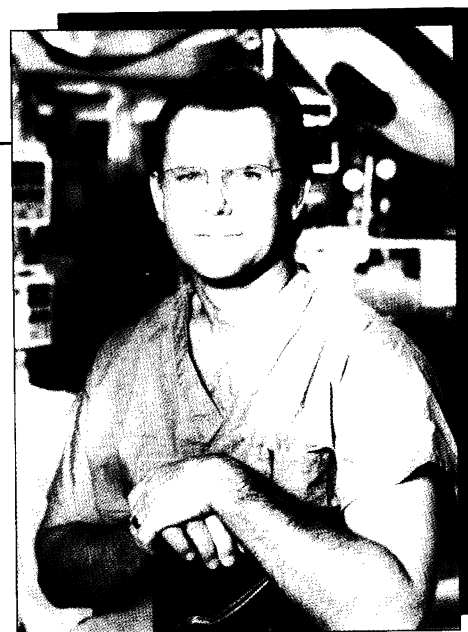
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## PAGE PROFILE



*Vaughn A. Starnes, M.D. has joined the University of Southern California School of Medicine.*

**V** Vaughn A. Starnes, M.D., has joined the University of Southern California School of Medicine as Professor of Surgery, Chief of the Division of Cardiothoracic Surgery and Director of the USC Cardiothoracic Center at USC University Hospital, Childrens Hospital Los Angeles and Los Angeles County+USC Medical Center. Dr. Starnes is a world-recognized leader and innovator in adult and pediatric heart, heart-lung and lung transplantation and treatment of congenital heart disease.

In 1984 Dr. Starnes was accepted to the Stanford Cardiothoracic program, where he completed two years as a resident in cardiovascular surgery, and one year as chief resident in cardiac transplantation under the guidance of Norman Shumway, M.D.

In 1988 Dr. Starnes was appointed director of Stanford's heart-lung transplantation program, and later became chief of pediatric heart surgery and director of the transplant program at Stanford's Lucile Salter Packard Childrens Hospital. He performed about 400 adult and pediatric cardiac cases annually at Stanford. In addition to his adult cardiothoracic surgical expertise, Dr. Starnes earned a national reputation for his work in pediatrics.

Dr. Starnes also pioneered lung and heart-lung transplant procedures in children that previously had only been performed on adults. In 1991 he was the first surgeon to transplant the left upper lobe of a 2-year-old donor into a newborn with pulmonary hypertension who could not be weaned off ECMO (Extracorporeal Membrane Oxygenation). In 1992, he performed the first lung transplant on a baby with congenital diaphragmatic hernia.

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As a vital component of the USC School of Medicine, the USC Cardiothoracic Center serves as a key educational resource for community-based and referring physicians. Physicians are encouraged to contact the Center through PACE to obtain telephone consultations, and access information regarding new patient care techniques, medications and research protocols to receive assistance with patient management concerns.

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## CONTRAINDICATIONS

CARDIZEM is contraindicated in (1) patients with sick sinus syndrome except in the presence of a functioning ventricular pacemaker, (2) patients with second- or third-degree AV block except in the presence of a functioning ventricular pacemaker, (3) patients with hypotension (less than 90 mm Hg systolic), (4) patients who have demonstrated hypersensitivity to the drug, and (5) patients with acute myocardial infarction and pulmonary congestion documented by X-ray on admission.

## WARNINGS

**1. Cardiac Conduction.** CARDIZEM prolongs AV node refractory periods without significantly prolonging sinus node recovery time, except in patients with sick sinus syndrome. This effect may rarely result in abnormally slow heart rates (particularly in patients with sick sinus syndrome) or second- or third-degree AV block (13 of 3,007 patients or 0.43%). Concomitant use of diltiazem with beta-blockers or digitalis may result in additive effects on cardiac conduction. A patient with Prinzmetal's angina developed periods of asystole (2 to 5 seconds) after a single dose of 60 mg of diltiazem.

**2. Congestive Heart Failure.** Although diltiazem has a negative inotropic effect in isolated animal tissue preparations, hemodynamic studies in humans with normal ventricular function have not shown a reduction in cardiac index nor consistent negative effects on contractility (dp/dt). An acute study of oral diltiazem in patients with impaired ventricular function (ejection fraction 24% ± 6%) showed improvement in indices of ventricular function without significant decrease in contractile function (dp/dt). Worsening of congestive heart failure has been reported in patients with preexisting impairment of ventricular function. Experience with the use of CARDIZEM in combination with beta-blockers in patients with impaired ventricular function is limited. Caution should be exercised when using this combination.

**3. Hypotension.** Decreases in blood pressure associated with CARDIZEM therapy may occasionally result in symptomatic hypotension.

**4. Acute Hepatic Injury.** Mild elevations of transaminases with and without concomitant elevation in alkaline phosphatase and bilirubin have been observed in clinical studies. Such elevations were usually transient and frequently resolved even with continued diltiazem treatment. In rare instances, significant elevations in enzymes such as alkaline phosphatase, LDH, SGOT, SGPT, and other phenomena consistent with acute hepatic injury have been noted. These reactions tended to occur early after therapy initiation (1 to 8 weeks) and have been reversible upon discontinuation of drug therapy. The relationship to CARDIZEM is uncertain in some cases, but probable in some. (See PRECAUTIONS.)

## PRECAUTIONS

**General.** CARDIZEM is extensively metabolized by the liver and excreted by the kidneys and in bile. As with any drug given over prolonged periods, laboratory parameters should be monitored at regular intervals. The drug should be used with caution in patients with impaired renal or hepatic function. In subacute and chronic dog and rat studies designed to produce toxicity, high doses of diltiazem were associated with hepatic damage. In special subacute hepatic studies, oral doses of 125 mg/kg and higher in rats were associated with histological changes in the liver which were reversible when the drug was discontinued. In dogs, doses of 20 mg/kg were also associated with hepatic changes; however, these changes were reversible with continued dosing.

Dermatological events (see ADVERSE REACTIONS section) may be transient and may disappear despite continued use of CARDIZEM. However, skin eruptions progressing to erythema multiforme and/or exfoliative dermatitis have also been infrequently reported. Should a dermatologic reaction persist, the drug should be discontinued.

**Drug Interaction.** Due to the potential for additive effects, caution and careful titration are warranted in patients receiving CARDIZEM concomitantly with any agents known to affect cardiac contractility and/or conduction. (See WARNINGS.) Pharmacologic studies indicate that there may be additive effects in prolonging AV conduction when using beta-blockers or digitalis concomitantly with CARDIZEM. (See WARNINGS.)

As with all drugs, care should be exercised when treating patients with multiple medications. CARDIZEM undergoes biotransformation by cytochrome P-450 mixed function oxidase. Coadministration of CARDIZEM with other agents which follow the same route of biotransformation may result in the competitive inhibition of metabolism. Doses of similarly metabolized drugs such as cyclosporin, particularly those of low therapeutic ratio or in patients with renal and/or hepatic impairment, may require adjustment when starting

or stopping concomitantly administered CARDIZEM to maintain optimum therapeutic blood levels.

**Beta-blockers:** Controlled and uncontrolled domestic studies suggest that concomitant use of CARDIZEM and beta-blockers is usually well tolerated, but available data are not sufficient to predict the effects of concomitant treatment in patients with left ventricular dysfunction or cardiac conduction abnormalities.

Administration of CARDIZEM (diltiazem hydrochloride) concomitantly with propranolol in five normal volunteers resulted in increased propranolol levels in all subjects and bioavailability of propranolol was increased approximately 50%. If combination therapy is initiated or withdrawn in conjunction with propranolol, an adjustment in the propranolol dose may be warranted. (See WARNINGS.)

**Cimetidine:** A study in six healthy volunteers has shown a significant increase in peak diltiazem plasma levels (58%) and area-under-the-curve (53%) after a 1-week course of cimetidine at 1,200 mg per day and diltiazem 60 mg per day. Ranitidine produced smaller, nonsignificant increases. The effect may be mediated by cimetidine's known inhibition of hepatic cytochrome P-450, the enzyme system probably responsible for the first-pass metabolism of diltiazem. Patients currently receiving diltiazem therapy should be carefully monitored for a change in pharmacological effect when initiating and discontinuing therapy with cimetidine. An adjustment in the diltiazem dose may be warranted.

**Digitalis:** Administration of CARDIZEM with digoxin in 24 healthy male subjects increased plasma digoxin concentrations approximately 20%. Another investigator found no increase in digoxin levels in 12 patients with coronary artery disease. Since there have been conflicting results regarding the effect of digoxin levels, it is recommended that digoxin levels be monitored when initiating, adjusting, and discontinuing CARDIZEM therapy to avoid possible over- or under-digitalization. (See WARNINGS.)

**Anesthetics:** The depression of cardiac contractility, conductivity, and automaticity as well as the vascular dilation associated with anesthetics may be potentiated by calcium channel blockers. When used concomitantly, anesthetics and calcium blockers should be titrated carefully.

**Carcinogenesis, Mutagenesis, Impairment of Fertility.** A 24-month study in rats at oral dosage levels of up to 100 mg/kg/day, and a 21-month study in mice at oral dosage levels of up to 30 mg/kg/day showed no evidence of carcinogenicity. There was also no mutagenic response in vitro or in vivo in mammalian cell assays or in vitro in bacteria. No evidence of impaired fertility was observed in a study performed in male and female rats at oral dosages of up to 100 mg/kg/day.

**Pregnancy.** Category C. Reproduction studies have been conducted in mice, rats, and rabbits. Administration of doses ranging from five to ten times greater (on a mg/kg basis) than the daily recommended therapeutic dose has resulted in embryo and fetal lethality. These doses, in some studies, have been reported to cause skeletal abnormalities. In the perinatal/postnatal studies, there was an increased incidence of stillbirths at doses of 20 times the human dose or greater.

There are no well-controlled studies in pregnant women; therefore, use CARDIZEM in pregnant women only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers.** Diltiazem is excreted in human milk. One report suggests that concentrations in breast milk may approximate serum levels. If use of CARDIZEM is deemed essential, an alternative method of infant feeding should be instituted.

**Pediatric Use.** Safety and effectiveness in children have not been established.

## ADVERSE REACTIONS

Serious adverse reactions have been rare in studies carried out to date, but it should be recognized that patients with impaired ventricular function and cardiac conduction abnormalities have usually been excluded from these studies.

The adverse events described below represent events observed in clinical studies of hypertensive patients receiving either CARDIZEM Tablets or CARDIZEM SR Capsules as well as experiences observed in studies of angina and during marketing. The most common events in hypertension studies are shown in a table with rates in placebo patients shown for comparison. Less common events are listed by body system; these include any adverse reactions seen in angina studies that were not observed in hypertension studies. In all hypertensive patients taking CARDIZEM Tablets or CARDIZEM SR Capsules studied (over 900), the most common adverse events were edema (9%), headache (8%), dizziness (6%), asthenia (5%), sinus bradycardia (3%), flushing (3%), and first-degree AV block (3%). Only edema and perhaps bradycardia and dizziness were dose related.

## DOUBLE BLIND PLACEBO CONTROLLED HYPERTENSION TRIALS

ADVERSE	DILTIAZEM N=315 # PTS (%)	PLACEBO N=211 # PTS (%)
Headache	38 (12%)	17 (8%)
AV Block First Degree	24 (7.6%)	4 (1.9%)
Dizziness	22 (7%)	6 (2.8%)
Edema	19 (6%)	2 (0.9%)
Bradycardia	19 (6%)	3 (1.4%)
ECG Abnormality	13 (4.1%)	3 (1.4%)
Asthenia	10 (3.2%)	1 (0.5%)
Constipation	5 (1.6%)	2 (0.9%)
Dyspepsia	4 (1.3%)	1 (0.5%)
Nausea	4 (1.3%)	2 (0.9%)
Palpitations	4 (1.3%)	2 (0.9%)
Polyuria	4 (1.3%)	2 (0.9%)
Somnolence	4 (1.3%)	—
Alk Phos Increase	3 (1%)	1 (0.5%)
Hypotension	3 (1%)	1 (0.5%)
Insomnia	3 (1%)	1 (0.5%)
Rash	3 (1%)	1 (0.5%)
AV Block Second Degree	2 (0.6%)	—

The following table presents the most common adverse reactions reported in placebo-controlled trials in patients receiving CARDIZEM CD up to 360 mg with rates in placebo patients shown for comparison.

ADVERSE REACTION	CARDIZEM CD N=324 # PTS (%)	PLACEBO N=175 # PTS (%)
HEADACHE	9.0%	8.0%
BRADYCARDIA	4.3%	2.3%
EDEMA	3.7%	2.3%
DIZZINESS	3.1%	3.4%
ECG ABNORMALITY	3.1%	2.9%
AV BLOCK FIRST DEGREE	2.2%	—
ASTHENIA	1.9%	1.7%

In clinical trials of CARDIZEM CD Capsules, CARDIZEM Tablets, and CARDIZEM SR Capsules involving over 3000 patients, the most common events (ie, greater than 1%) were edema (4.9%), headache (4.9%), dizziness (3.5%), asthenia (2.7%), first-degree AV block (2.2%), bradycardia (1.6%), flushing (1.5%), nausea (1.4%), rash (1.3%), and dyspepsia (1.2%).

In addition, the following events were reported infrequently (less than 1%).

**Cardiovascular:** Angina, arrhythmia, AV block (second- or third-degree), bundle branch block, congestive heart failure, ECG abnormalities, hypotension, palpitations, syncope, tachycardia, ventricular extrasystoles.

**Nervous System:** Abnormal dreams, amnesia, depression, gait abnormality, hallucinations, insomnia, nervousness, paresthesia, personality change, somnolence, tinnitus, tremor.

**Gastrointestinal:** Anorexia, constipation, diarrhea, dry mouth, dysgeusia, mild elevations of SGOT, SGPT, LDH, and alkaline phosphatase (see hepatic warnings), thirst, vomiting, weight increase.

**Dermatological:** Patches, photosensitivity, pruritus, urticaria.

**Other:** Amblyopia, CPK increase, dyspnea, epistaxis, eye irritation, hyperglycemia, hyperuricemia, impotence, muscle cramps, nasal congestion, nocturia, osteoarthralgia, polyuria, sexual difficulties.

The following postmarketing events have been reported infrequently in patients receiving CARDIZEM: alopecia, erythema multiforme, exfoliative dermatitis, extrapyramidal symptoms, gingival hyperplasia, hemolytic anemia, increased bleeding time, leukopenia, purpura, retinopathy, and thrombocytopenia. In addition, events such as myocardial infarction have been observed which are not readily distinguishable from the natural history of the disease in these patients. A number of well-documented cases of generalized rash, characterized as leukocytoclastic vasculitis, have been reported. However, a definitive cause and effect relationship between these events and CARDIZEM therapy is yet to be established.

## HOW SUPPLIED

CARDIZEM® CD (diltiazem hydrochloride) is available as capsules of 180 mg, 240 mg, and 300 mg in bottles of 30 and 90, and in UDIP® packages of 100.

CARDIZEM® SR (diltiazem hydrochloride) is available as sustained release capsules of 60 mg, 90 mg, and 120 mg in bottles of 100, and in UDIP® packages of 100.

CARDIZEM® CD Product Information as of October 1991

CARDIZEM® SR Product Information as of January 1991

**References:** 1. Data on file, Marion Merrell Dow Inc. 2. Cramer JA, Mattson RH, Prevey ML, et al. JAMA. 1989;261:3272-3274.



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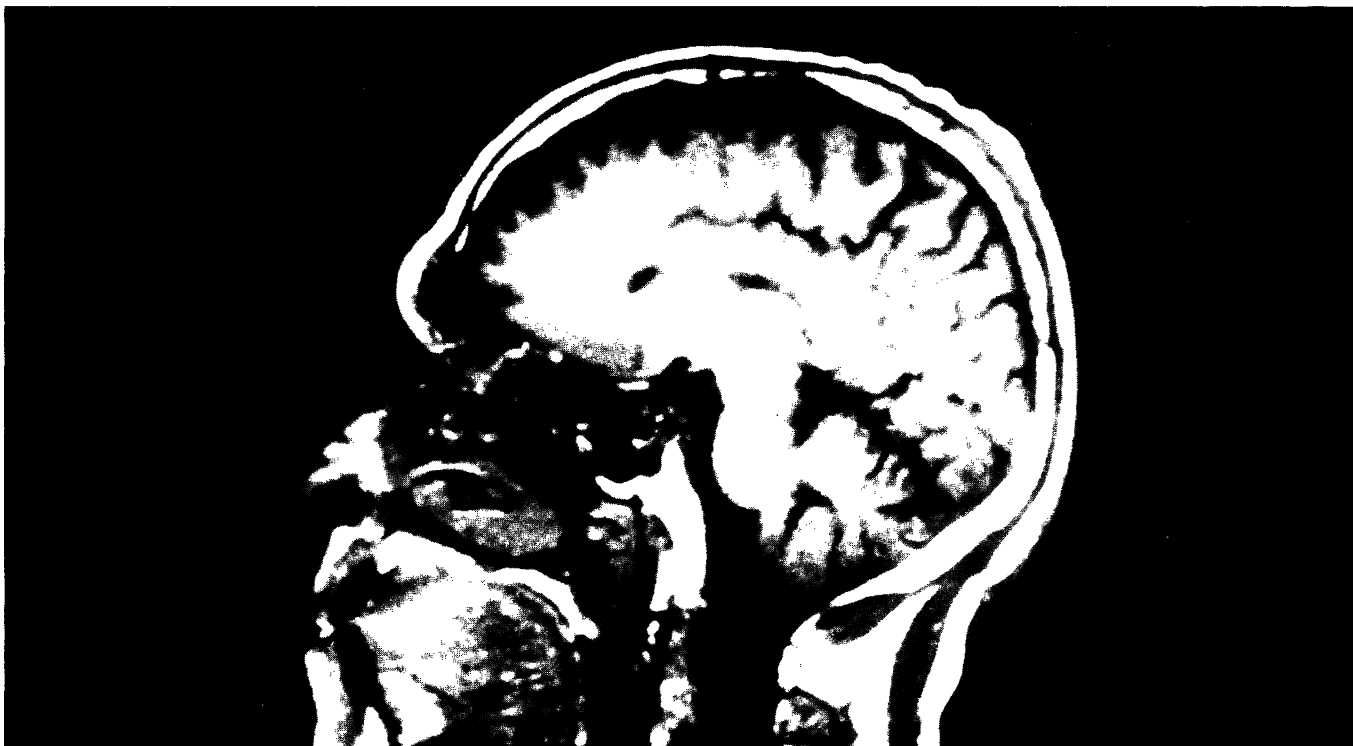
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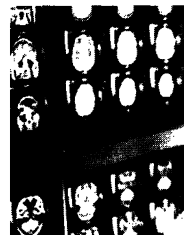


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9:30-10:30 **"Fetal Assessment"** - Dr. Jeffrey Lipshitz

10:30-11:30 **"Antepartum Fetal Surveillance of the Postdated Pregnancy"** - Dr. Jeffrey Phelan

11:30-12:30 **"The Role of Lupus Anticoagulant and Anticardiolipin Antibodies in Reproductive Loss"** - Dr. Resnik

**Sunday, November 15, 1992**

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7:30-8:30 **"Terbutaline Pump Therapy"** - Dr. Phelan

8:30-9:30 **"Managing Complications of Severe Pregnancy Induced Hypertension"** - Dr. Clark

9:30-10:30 **"The Evaluation and Management of the Patient with Intrauterine Growth Retardation"** - Dr. Resnik

10:30-11:30 **"Role of Amnioinfusion"** - Dr. Phelan

11:30-12:30 **"Management of the Post-Partum Hemorrhage"** - Dr. Clark

### **"REPRODUCTIVE ENDOCRINOLOGY"**

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**Saturday, February 6, 1993**

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7:30-8:30 **"The Future of GYN"** - Dr. Alan DeCherney

8:30-9:30 **"Pathophysiology of Adhesion Formation and Treatment at Pelviscopy"** - Dr. Michael Diamond

9:30-10:30 **"RU - 486"** - Dr. DeCherney

10:30-11:30 **"Intrauterine Insemination"** - Dr. Andrew Friedman

11:30-12:30 **"Endocrine Aspects of Menopause"** - Dr. DeCherney

**Sunday, February 7, 1993**

7:00 a.m. **Registration & Breakfast**

7:30-8:30 **"Modern Diagnosis of Ectopic Pregnancy"** - Dr. Bruce Shapiro

8:30-9:30 **"Surgical Treatment of Ectopic Pregnancy"** - Dr. Diamond

9:30-10:30 **"Distal Tubal Disease; IVF vs. Surgery"** - Dr. Friedman

10:30-11:30 **"GnRH Use in Management of Uterine Myomata and Endometriosis"** - Dr. Friedman

11:30-12:30 **"Hysteroscopic Treatment of Intrauterine Lesions"** - Dr. Diamond

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7:30-8:30 **"Fetal Assessment: Which Test is Best?"** - Dr. Jeffrey Lipshitz

8:30-9:30 **"Timing and Mechanisms of Perinatal Neurological Injury"** - Dr. Barry S. Schiffrin

9:30-10:30 **"Twins"** - Dr. Thomas J. Benedetti

10:30-11:30 **"Cervical Cerclage vs. Preterm Labor"** - Dr. Julian T. Parer

11:30-12:30 **"Dysfunctional Labor"** - Dr. Schiffrin

**Sunday, July 18, 1993**

7:00 a.m. **Registration & Breakfast**

7:30-8:30 **"Intrapartum Fetal Monitoring"** - Dr. Parer

8:30-9:30 **"Ketoacidosis"** - Dr. Benedetti

9:30-10:30 **"Pre-Eclampsia Including HELLP Syndrome"** - Dr. Parer

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(Continued on Page 482)

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(Continued from Page 482)

#### PHYSICIANS WANTED

##### PHYSICIAN OPPORTUNITIES NATIONWIDE

For all specialties for hospitals, clinics, multispecialty groups, partnership and solos. Contact Jim Grant in complete confidence at the bay area specialists. **G&G Physician Services, 1400 Coleman, Ste B-22, Santa Clara, CA 95050; or call (800) 727-2478, FAX (408) 727-7390.** Never a fee to the physician.

**ROCKY MOUNTAIN WEST AND SOUTHWEST NEED PHYSICIANS.** All specialties needed. Urban, rural, solo, group opportunities, all close to mountain recreation. Call Rita Longino at (800) 279-5267 or FAX CV to (800) 467-1246 or send CV to WHS, PO Box 2107, Corrales, NM 87048-2107.

**INTERNAL MEDICINE/FAMILY PRACTICE.** Incredible opportunity to practice in northern Colorado! Established three person practice in Loveland, Colorado. Beautiful surroundings and recreational activity. Modern 100-bed hospital with subspecialty coverage. Lucrative Family Practice/Internal Medicine Practice for sale, since one physician is retiring. One hour north of Denver situated between three larger cities. Excellent school system. Great opportunity at the foot of the Rockies. Contact Edward Grosboll at (303) 667-3565.

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**MONTEREY, CALIFORNIA.** BC/BE Internist needed to replace retiring partner in busy four member group. Reply to Number 273, Western Journal of Medicine, PO Box 7602, San Francisco, CA 94120-7602.

#### PHYSICIANS WANTED

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Leading Primary Care group practice affiliated with 200-bed hospital is growing. BE/BC physicians in the following specialties are needed:

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**INTERNAL MEDICINE-NEVADA, TEXAS, LOUISIANA, FLORIDA!** Private practice opportunities available in Las Vegas and Reno, Nevada; Dallas, Victoria, and McAllen, Texas; New Orleans and Shreveport, Louisiana; West Palm Beach, Hollywood and Plantation, Florida. For details, call Eloise Gusman, (800) 535-7698 or send CV to PO Box 101656, Ft Worth, TX 76185, or FAX (817) 927-0030.

**PEDIATRICIANS-NEVADA, CALIFORNIA, TEXAS!** Private practice opportunities available. Hospital sponsored with coverage or join an established group. For details, call Eloise Gusman, (800) 535-7698 or send CV to PO Box 101656, Ft Worth, TX 76185, or FAX (817) 927-0030.

**FAMILY PRACTICE-CALIFORNIA, NEVADA, LOUISIANA, AND TEXAS!** Private practice opportunities available in southern California, Las Vegas and Reno, Nevada; Shreveport and New Orleans, Louisiana with established groups. For details, call Eloise Gusman, (800) 535-7698 or send CV to PO Box 101656, Ft Worth, TX 76185, or FAX (817) 927-0030.

#### PHYSICIANS WANTED

**OB/GYN.** Multispecialty group in northwest Washington desires second Obstetrician. Excellent practice opportunity, full range of benefits, early partnership status, all practice costs paid. For more information contact Shane Spray, 1400 E Kincaid, Mount Vernon, WA 98273; (206) 428-2524.

**WASHINGTON.** Openings for career oriented Emergency Physicians, BC in Emergency or Primary medical specialty. Seattle metropolitan hospital with 54,000 annual visits. Excellent salary in a stable growing group. Contact Dan Hiatt in care of Linda Johnson, 8009 S 180th, Ste 110, Kent, WA 98032; (206) 575-2595.

**OTOLARYNGOLOGIST.** BC/BE to join 28 physician multispecialty group practice. Located in beautiful Pacific northwest between Seattle and Vancouver, BC. Contact Shane Spray, 1400 E Kincaid, Mount Vernon, WA 98273.

**FAMILY PRACTICE PHYSICIAN.** Full-time in a busy walk-in medical clinic. Located in Visalia, California (Tulare County). Malpractice insurance, good salary, etc. Please call (209) 627-5555 for more information.

**ASSOCIATE IN PEDIATRICS.** Kern Medical Center, Bakersfield, California, a teaching hospital affiliated with UCLA and UCI Schools of Medicine, seeks an Associate in the Division of Pediatrics. Prerequisites include eligibility or certification by the American Board of Pediatrics, strong interest in teaching and qualifications for faculty appointment in UCLA Department of Pediatrics. Comprehensive salary and benefit package. A part-time private practice is permitted. Medical center is in central California, a mid-sized urban community with moderate cost of living. Send CV and inquiries to Navin Amin, MD, Chairman, Department of Family Practice/Pediatrics, Kern Medical Center, 1830 Flower St, Bakersfield, CA 93305.

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## PHYSICIANS WANTED

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**PALO ALTO MEDICAL CLINIC**, a 150 physician multi-specialty group with a national reputation for innovation and excellence, seeks BC Family Practice or Emergency Medicine physicians for full-time practice in Urgent Care facility. Occupational Medicine experience desirable. Competitive salary based on experience. Excellent benefits package. Two year partnership track. Please forward letter of interest and CV to George Perlestein, MD, Medical Director, Palo Alto Medical Clinic, 300 Homer Ave, Palo Alto, CA 94301.

**SOUTHERN CALIFORNIA.** Family Practitioner needed by 20 physician Primary Care group. Several retirements have created opportunity for future partner. Generous salary and benefit package in return for commitment to quality. Location is 45 minutes east of beaches. Contact Ken Baker, Physician Search Group, 550 Montgomery St, Ste 725, San Francisco, CA 94111; (800) 229-0411 or FAX (415) 399-0411.

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## PHYSICIANS WANTED

## CALIFORNIA

Primary Care Physicians and Radiologists needed to work as locum tenens statewide. High salary, paid malpractice. Work whenever and wherever you wish. Permanent placements as well. **INTERIM PHYSICIANS, formerly Western Physicians Registry; Northern California, contact Jim Ellis, (800) 437-7676. Southern California, contact Tracy Zweig, (800) 635-3175.**

**TWO BC/BE OB/GYNs** with commitment to caring for the underserved, needed to join 13 physician (OB, Family Practice, Pediatrics, Internal Medicine), Primary Care community health clinic in Toppenish and Grandview, Washington, which has a four physician team (Family Practice, OB, Internal Medicine). Rural setting, beautiful sunny central Washington near Columbia River Gorge. Diverse cultural influences (Hispanic and Native American). Recreational opportunities including fishing, skiing, and bikers' paradise. Competitive salary with excellent benefit package including vacation up to 32 days per year and paid professional liability. Contact Ann Garza, Director of Personnel, or Jeri Weeks, Personnel Assistant, Yakima Valley Farm Workers Clinic, PO Box 190, Toppenish, WA 98948; (509) 865-5898.

**NEW MEXICO.** Excellent opportunity for BC/BE OB/GYN, Internal Medicine, and Family Practice to join successful practices or start new in a growing community. Plan on full practice from the beginning. Enjoy sunshine, skiing, hiking, fishing, and hunting in a southwestern lifestyle. For further information on benefits and compensation contact Anne Winter, RN, Director Prof Development, St. Joseph Healthcare System, Albuquerque, NM; (505) 246-8003.

**MONTANA: THE LAST GREAT PLACE!** Opening for a BC Radiologist to join a growing practice. One year to partnership. High salary and paid malpractice. Located near the Missouri River and Ft Peck Lake. Area offers abundant recreation, good schools, low crime, clean air, and a quality lifestyle. Send CV or call Chris Rebhun, Jackson and Coker, Inc, 115 Perimeter Center Pl, Ste 380 12274, Atlanta, GA 30346; telephone (800) 544-1987.

**MEDICAL DIRECTOR.** Consider Albuquerque, New Mexico as an attractive move into medical administration as a PRO Medical Director. The New Mexico Medical Review Association seeks a full- or part-time physician with interest and expertise in utilization review, quality assurance, and healthcare financing. Successful applicant will provide clinical supervision of NMRMA's Medicare, Medicaid, and private review contracts (third party claims administration). Interested physicians should submit a letter of interest and résumé/CV to New Mexico Medical Review Association, PO Box 27449, Albuquerque, NM 87125-7449, Attn: Human Resources.

**MONTEREY BAY.** Midway between Santa Cruz and Monterey, this unpretentious community is perfect for the hiker, biker, surfer, and outdoorsperson. Medical staff is cohesive and anxious to welcome additional Family Physicians, Pediatricians, and General Internists. Group and independent practice with call schedules which allow time for lifestyle. Contact Ken Baker, Physician Search Group, 550 Montgomery St, Ste 725, San Francisco, CA 94111; (800) 229-0411 or FAX (415) 399-0411.

**TWO INVASIVE CARDIOLOGISTS AND FAMILY PHYSICIANS NEEDED.** Unique opportunity. Gorgeous California central coast. Partnership within year. Send references/CV to PO Box 220, 395 Del Monte Center, Monterey, CA 93940.

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## PHYSICIANS WANTED

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**NORTHERN CALIFORNIA.** Opportunities available with Comprehensive Medical Evaluations in Sacramento and San Jose for BC physicians in Orthopedic Surgery, Psychiatry, Internal Medicine, and subspecialties, Dermatology, Neurology, Physical Medicine/ Rehabilitation, Ophthalmology, Otolaryngology, Plastic/Reconstructive Surgery and Toxicology/ Occupational Medicine, to perform forensic medical evaluations. This is an excellent opportunity to supplement income without increasing your practice overhead. Send inquiry to Terence Doyle, Comprehensive Medical Evaluations, 87 Scripps Dr, Ste 308, Sacramento, CA 95825; or call (916) 567-3411.

**NEVADA-GASTROENTEROLOGIST.** BC/BE needed to join General Intern practice in southern Nevada. Generous salary leading to full partnership. Interest in Internal Medicine preferred. Send CV to K. Hicks, 6151 Mountain Vista, #525, Henderson, NV 89014.

**CALIFORNIA-MONTEREY BAY. ENT.** Solo ENT, beginning fellowship January 1993, seeks one year coverage by physician of same specialty. Fully equipped hi-tech office located in exclusive medical complex. Excellent partnership opportunity. Mild climate enhances coastal exploration. Call (408) 459-9656 and send CV and inquiries to PO Box 2571, Santa Cruz, CA 95063-2571.

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**PORTLAND, OREGON.** Internal Medicine physician needed to join two Internists in private practice. Fully equipped, modern facility in metropolitan area within walking distance to large urban teaching hospital. If you are BC/BE in Internal Medicine with excellent interpersonal skills, this is a unique opportunity to build a practice in the scenic Pacific Northwest. Competitive compensation package. Send CV to Julie Ebner, PO Box 29114, Portland, OR 97209.

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**Arizona:** CIGNA Healthplan, Professional Staffing, 11001 N. Black Canyon Hwy, Suite 400-49, Phoenix, AZ 85029, (800) 252-2471.

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(Continued on Page 486)

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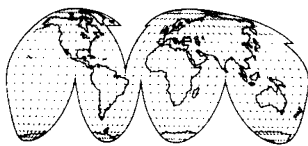
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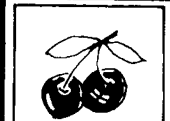
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(Continued from Page 485)

### PHYSICIANS WANTED

  
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Several positions available for Internal Medicine, most medical subspecialties, ENT, Orthopedics, Anesthesiology, and OB/GYN. We are a young, aggressive group in a well known prepaid group practice HMO organization with excellent benefits and a very reasonable call schedule. You will have a rewarding practice opportunity with ample time to enjoy the mountains and San Francisco which are nearby. If interested please call or send CV to Physician Recruitment, Administration, The Permanente Medical Group, Inc, 1305 Tommydon St, Stockton, CA 95210; (209) 476-3300.

**ORTHOPEDIC SURGEONS.** Orthopedic Surgeon for a very busy Orthopedic service in a 223-bed teaching hospital with residencies in General Surgery, Internal Medicine, OB/GYN, and Family Practice. Should be BC/BE. Experience in arthroscopy preferred. Salary and compensation plan negotiable depending on experience. Hospital located in beautiful northern San Joaquin Valley close to major cities and skiing areas. Please submit CV and references or contact Nathaniel Matolo, MD, Chief of Surgery, San Joaquin General Hospital, PO Box 1020, Stockton, CA 95201; phone (209) 468-6600. AA/EOE.

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**BC/BE FAMILY PRACTITIONER** for satellite clinic of prestigious multispecialty group practice. Join one other Family Practitioner and one Physician's Assistant in small town setting with urban culture 20 minutes away. Generous benefit package. Send CV to Donald Benz, MD or Karen Stanton, The Vancouver Clinic, Inc, PS, 700 NE 87th Ave, Vancouver, WA 98664; (206) 254-1240.

**SEATTLE, WASHINGTON. FAMILY PHYSICIAN** BC/BE, part- or full-time, wanted for a stimulating practice in a comprehensive Primary Care community clinic serving a diverse Asian/Pacific Islander population. OB required. Cantonese language skills helpful. Contact Debra Cavinta, Administrative Assistant, International District Community Health Center, 416 Maynard Ave S, Seattle, WA 98104; (206) 461-3617. EOE. Closing date 10/31/92.

**NATIONWIDE.** Urgent Care, Family Practice, and Emergency Physicians are now needed in multiple locations which include Idaho, North Carolina, Virginia, Alabama, Arizona, and more. Please send your CV to Barbara Miller, Snake River Physicians, 2995 N Cole Rd, Ste 200B, Boise, ID 83704, or call Barbara Miller at (800) 688-5008.

**DISCOVER IDAHO.** Urgent Care, Family Practice, and Emergency Physicians are now needed for a Low Acuity AFB Emergency Department, with an annual volume of 16K, and for two private Urgent Care clinics with annual volumes of 15K. Here is your chance to live and work in one of America's fastest growing and most desirable areas. This attractive location offers the convenience and amenities of a major metropolitan area—where recreation is limited only by your imagination. Benefits include flexible scheduling, with the option of 12 or 24 hour shifts, competitive salaries, and no on-call duty. For more information please call or send your CV to Barbara Miller, Snake River Physicians, 2995 N Cole Rd, Ste 200B, Boise, ID 83704; (800) 688-5008.

### PHYSICIANS WANTED

#### NORTHERN CALIFORNIA—LOS GATOS

**FAMILY PHYSICIAN** needed to replace physician leaving. Full-time, Monday thru Friday. Share on-call with six other physicians. Close to Good Samaritan Hospital. Full lab and x-ray in office. For more information, contact Teri Daniels; (408) 377-9180.

**GENERAL INTERNIST** in the Pacific Northwest. Busy 30 physician multispecialty group practice looking for General Internist with ICU skills and interests to join existing Internal Medicine department. Competitive salary and benefits. Send CV to Shane Spray, 1400 E Kincaid, Mount Vernon, WA 98273.

**MAJESTIC SKAGIT VALLEY IN WESTERN WASHINGTON** has multispecialty group seeking eighth Family Practitioner. BC/BE, OB optional. Competitive salary and benefits. If interested, send CV to Shane Spray, 1400 E Kincaid, Mount Vernon, WA 98273.

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**EXCELLENT OPPORTUNITY FOR INTERNAL MEDICINE PHYSICIAN** in private practice multispecialty physician group in San Francisco. Income guarantee. No investment. Forward CV to Box 263, The Western Journal of Medicine, PO Box 7602, San Francisco, CA 94120-7602.

**PEDIATRICIANS** – Southern California. Challenging career opportunities for Pediatricians desiring private practice. Growing, prestigious, university-affiliated south bay medical center is recruiting BC/BE physicians for expanding solo and group practices. Excellent compensation. Submit CV to J. Michaels, 2600 Cliff Dr, Newport Beach, CA 92663.

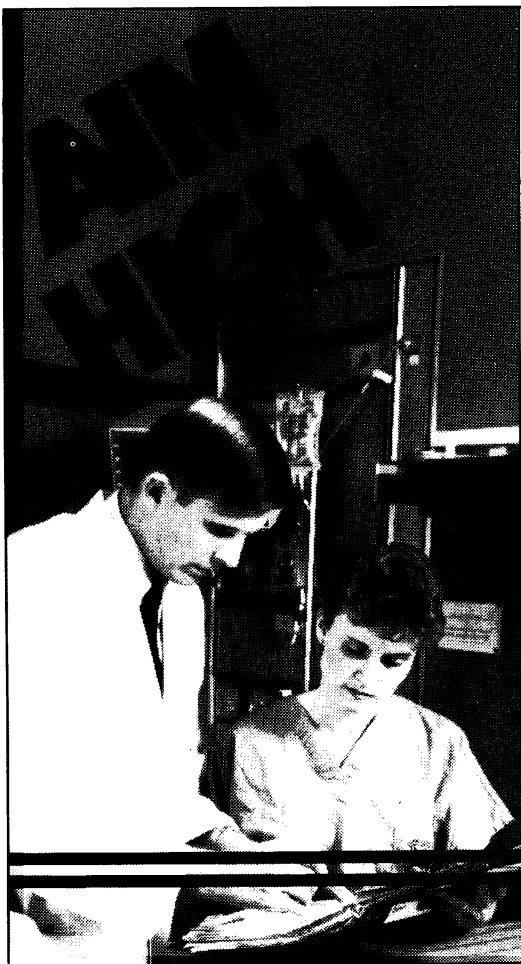
**BC/BE FAMILY PHYSICIAN** to join three other Family Practitioners, OB/GYN, Internist, and Physician Assistant at busy Migrant/Community Clinic in Grandview, Washington. Full-range Family Practice, including Obstetrics, hospital work, and Emergency coverage. Excellent relationship with well trained BC Family Practitioners and surgeon in community. Friendly rural area with good schools. Close to mountain recreational areas and water sports. Professional liability paid. Excellent benefits, vacation liberal. Contact Ann Garza, Director of Personnel, or Jeri Weeks, Personnel Assistant, Yakima Valley Farm Workers Clinic, PO Box 190, Toppenish, WA 98948; (509) 865-5898.

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(Continued from Page 486)

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**NORTHERN CALIFORNIA HOSPITAL** seeking a BC/BE Internist to staff its new satellite medical clinics. Assistance is available in establishing a practice. Net income guarantees are open including support for office staff and required equipment. Contact Margaret Ward, Redbud Community Hospital, PO Box 6720, Clearlake, CA 95422; (707) 994-6486, ext 128.

**IMMEDIATE OPENING FOR BC/BE INTERNIST** to join successful Internal Medicine group in Billings, Montana. One year to partnership with excellent growth potential. Practice offers competitive salary, full benefits, and relocation expenses. Billings, a city of 100,000, provides tremendous recreational amenities and a quality lifestyle. Send CV or call Chris Rebhun, Jackson and Coker, Inc, 115 Perimeter Center Pl, Ste 380 12263, Atlanta, GA 30346; telephone (800) 544-1987.

**OREGON.** Immediate opportunities for Family Practitioners with or without Obstetrics to join busy practices in Oregon's Willamette Valley. Rural lifestyle with easy access to cities, beautiful area, great medical community and \$5,000 Oregon State Tax Credit. Contact Beverly Day, Lebanon Community Hospital, Box 739, Lebanon, OR 97355; (503) 451-7110.

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### PHYSICIANS WANTED

**URGENT CARE/PRIMARY CARE PHYSICIANS.** Current permanent positions available in Phoenix, Denver, Colorado Springs. Attractive settings with reasonable workload. Enticing locum tenens assignments available also throughout the Rocky Mountain west. Call or write Ed Novelli, Interim Physicians, 4155 E Jewell, Ste 1018, Denver, CO 80222; (800) 669-0718.

**INTERNAL MEDICINE BC/BE.** Full-time position in established four physician group. Excellent location on San Francisco peninsula adjoining a quality community hospital with Stanford affiliation. Senior physician planning retirement soon. Send résumé to Number 274, Western Journal of Medicine, PO Box 7602, San Francisco, CA 94120-7602.

**INTERNAL MEDICINE** — Southern California. Challenging career opportunities for specialists in Internal Medicine desiring private practice. Growing, prestigious, university-affiliated south bay medical center is recruiting BC/BE physicians for expanding solo and group practices. Excellent compensation. Submit CV to J. Michaels, 2600 Cliff Dr, Newport Beach, CA 92663.

**GENERAL INTERNIST—OREGON.** BC/BE General Internist to join 21 member Internal Medicine department of 62 physician multispecialty clinic. University town. Guaranteed salary, incentive bonus, excellent benefits. Send CV to Richard M. Rytting, MD, Medical Director, The Corvallis Clinic, PC, 3680 NW Samaritan Dr, Corvallis, OR 97330.

**SOUTHEASTERN NEW MEXICO** has a comfortable lifestyle and a need for Primary Care physicians. Clovis, New Mexico is a growing community with vital practice and lifestyle opportunities. Financial packages and practice management services are available from Clovis High Plains Hospital, an affiliate of Presbyterian Healthcare Services. Contact either Bill Norris; (800) 545-4030, ext 6320, or Grant Nelson; (800) 221-3706 for details.

(Continued on Page 488)

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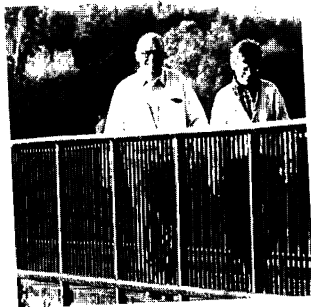
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